## Sauna Etiquette

#### Loungers

Please do not reserve any loungers by occupying the chairs with a towel or your bag. Every guest should find a lounger of his or her choice. If necessary our staff will clear reserved loungers. We have plenty of roomy storage spaces where you can store your bags.

#### Right clothes

We request you wear swimwear in the Thermal Area. However, swimwear is not permitted in the saunas. Please wear a bathrobe or a towel in the Sauna Area, outside the saunas and throughout the whole facility. We also request that you wear a bathrobe in our Sauna Restaurant.

#### Appropriate behaviour

Our place is a made for relaxation & recuperation. Please support this with your behaviour. Loud conversation are a no-go. We also request that you keep any displays of affection down to an absolute minimum throughout the entire facility and to refrain from any such displays entirely in the saunas and in the pools.

#### Food and drinks

Please do not bring your own food or drinks (exception: water in PET-bottles). You can buy food and drinks in our Sauna Restaurant.

#### No smoking, please!

Pay attention to your health during your stay at the Bali Therme. In case it might be too difficult for you not to smoke, please go to our designated smoking areas, which are marked in our map.

Please do not use any mobile phones, please!
Proceedings of the reception area you are allowed to call.

Please respect the Bali Therme as a haven of peace and recuperation.

## Thank you!

# Did you book a **Bali Day Spa Arrangement**?

Enjoy our All Round Carefree Packages!

Balinese Day Spa "Timeout Classic"

Balinese Day Spa "Health"

Balinese Day Spa "Timeout Premium"

Balinese Day Spa "Timeout for Two"

Balinese Day Spa "Bachalor Party"

Balinese Spa from Monday to Thursday

Balinese Spa "After Work Wellness Light" Balinese Spa "After Work Wellness Premium"

## Your equipment ..

Please get your **bathrobe & sauna towel** at the reception.



## Falling down ...





Please book your spa treatments early at the Bali Wellness Reception. Our Spa Area is nearby the Outdoor Pool, next to the Relaxation Pool.

Should it be your first visit, please use our map to find your way around. The sauna entrance is at the Excercise Treatment Pool.

Making an appointment in advance

- » Online booking at our website
- » by mail wellness@balitherme.de
- » by phone call **05731.30 53 109**

Which **Exclusive SAUNA RITUAL** at what time and in which sauna you will find on our information boards in the sauna area. Please inform yourself early to be on time. Book the **Exclusive SAUNA RITUAL** at least 30 minutes before Ritual starting time at the reception or at our employees in the sauna area.

### Eating pleasurable ...





Get your bottle of mineral water, your welcome cocktail and the meal of your choice at the Lovina Bistro in the Thermal Area or at our Sauna Restaurant in the Sauna Area. Contact the service staff. If the meal of your choice costs more than the noted price, the remaining difference is booked on your transponder. You can pay conveniently when you check out.

### Everything else ...





Should you make use of any additional services, such as massages or food and drinks in our restaurants, we will book them on your transponder.

If you have any questions please ask your stuff.

Relax and enjoy!



## We are happy to have you here!

#### Vouchers

If you want to redeem a voucher, please show it at the reception when you check in and when you check out.

#### **Changing rooms**

Please use one of our two changing rooms:

Changing room 1 = black keys Changing room 2 = orange keys



Please go tho the locker with the number the transponder is showing. Close the door, hold the chip closely to the lock and wait until you see a **green light**. Click. Now turn the lock. The locker is closed.

#### Valuable lockers

Please use the lockers nearby the Main Entrance, especially provided for you valuables (under video surveillance). Select a locker, lock it with your transponderand remember the number.

#### Bathrobe & sauna towels

Please rent both at the reception for a small fee.

#### Sauna Entrance

The Sauna entrance is situated between the Kneipp Area and the Exercice Treatment Pool.

#### **Entrance Bali Wellness**

The entrance to the Bali Wellness is situated next to the Relaxation Pool, nearby the Rounding Outdoor Pool.

#### Paving

Any additional services such as massages or drinks and food in our restaurants are booked on your transponder. You don't need any cash in the facility. You pay when you leave. We accept cash and any cards (except Mastercard).

## Bali Vapours





Our entire range of services is rounded off by different vaporisations caused by pouring water onto hot stones. Please not the timetable on the different boards (infront of the Large Sauna, the Block Sauna, the Sauna and the Sauna Rotunde).

## Exclusive Sauna Rituals



For a small surcharge you can book exclusive SAUNA RITUALs. Please ask us! You can find out which sauna ritual takes place where and when on the information boards in the sauna area.

## Bali Wellness





Forget all your daily routine while discovering one of our Bali Wellness treatments ... Please make your booking either at the Bali Wellness reception, by phone call under **05731.30 53 109**, by mailing **wellness@balitherme.de** or per **online booking** at our website.

## Bali Restaurants





Visit our different restaurants: the **Lovina Bistro** in the thermal area and the **Sauna Restaurant**, the **Bali Bar** and the **Garden Bar** in the sauna area.

