



Singing Bowl Ritual

Experience the power of sounds & vibrations that bring our body & mind into balance. This unique ritual is based on the ancient knowledge about the effect of sounds, which was used centuries ago in Far Eastern healing therapy.

With the help of sounds we can create a space beyond all the outer and inner noise, we can discover a space of 'great silence' within ourselves. A space of peace, of quiet joy and trust, in which we feel accepted feel accepted - just as we are.

„Oasis of silence" in the Sauna Rotunde

Approx. 45 min / 6.90 €

Daily 2 pm & 6 pm / max. 14 persons

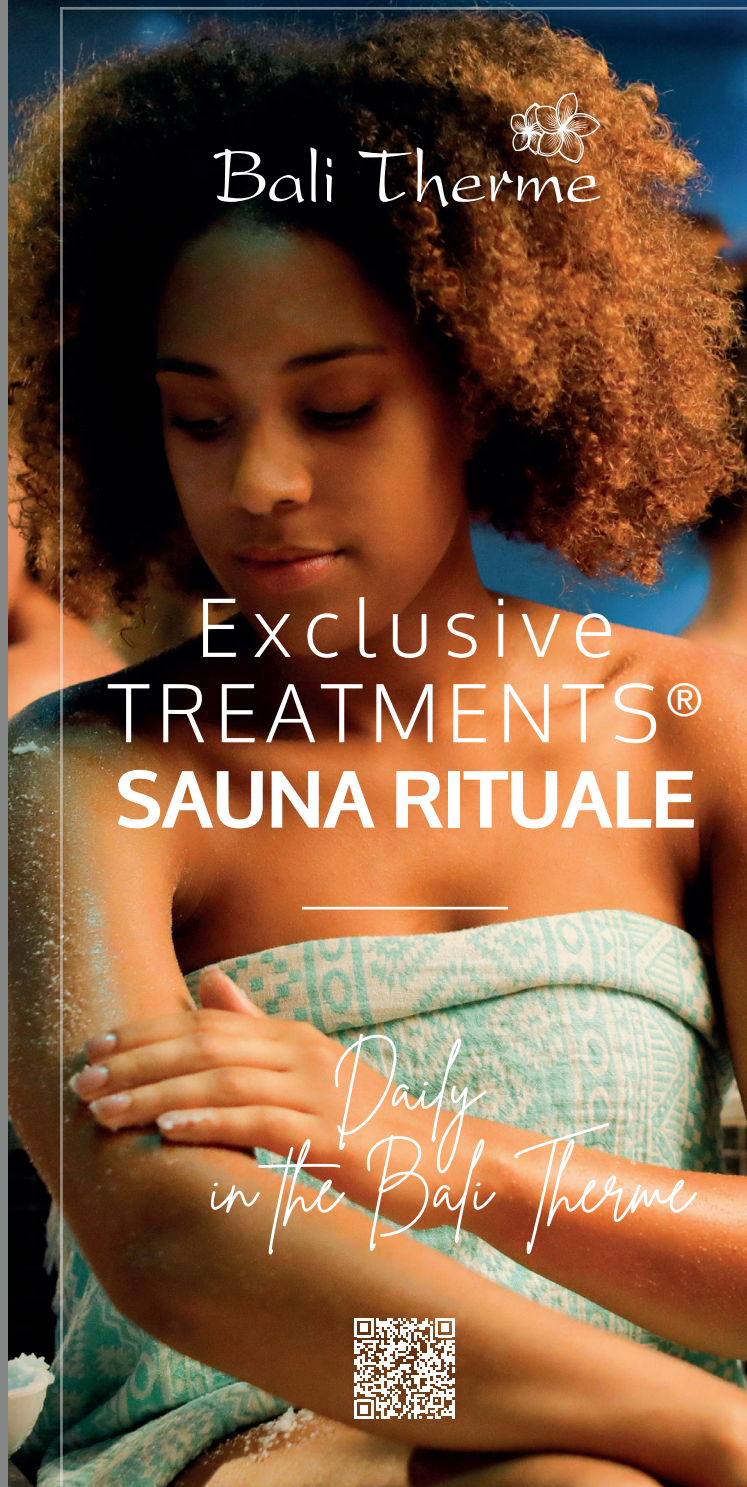
Please book rituals **online** on our website or via e-mail under rituale@balitherme.de.

Reserve your ritual appointment **at least 30 minutes before the ritual begins** at our reception

Please be there **5 minutes before** the ritual starts

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Exclusive
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SAUNA RITUALE

Daily
in the Bali Therme





Hot & Cold Ritual

This ritual is a health ceremony according to Kneipp, packed in a fragrance journey to selected regions of the world. With targeted heat & cold stimuli we strengthen the cardiovascular and immun system and accelerate your metabolism. The delicious refreshing berry soda at the end provides a refreshment and enhances the healing effect of the ritual.

Pagoda Sauna

Approx. 35 min / 4.90 €
Daily 2 am / max. 30 persons



Rasul Healing Earth Ritual

Experience an ancient care ritual of the pharaohs. Valuable minerals and trace elements in combination of pleasant warmth, high quality healing earth and cream have a relaxing deep effect. In addition we pamper you with a massage on your back, on your arms and hands. With refreshing fruit soda, fruits and a dessert we round the ritual.

Laconium

Approx. 40 min / 12.90 €
Daily 12 am & friday to sunday 6.³⁰ pm
Max. 6 persons



Ritual of Roses

Fall in love with the ritual of the rose!

We serve you a refreshing fruit soda, a dessert and fruits. First, you can rub your body with our rose salt, we help on the back. Then a rose petal cream will moisturizes your skin and makes it velvety soft. We pamper you with a kneading treatment on you back, arms, hand and head.

Laconium

Approx. 45 min / 14.90 €
Daily 3 pm & friday to sunday 8.³⁰ pm
Max. 6 persons



Banya Ritual

The Banya ritual is a source of energy for body, mind and soul. Through tapping & rolling with birch twigs stimulates your blood circulation and tensions are released. The essential oils from the birch leaves absorb deeply into your skin, detoxify the body and have healthing effect. In addition we serve some water, a delicious herb broth, well tasting nuts and a nourishing birch cream.

Block Sauna

Approx. ca. 60 min / 19.90 €
Daily 5.³⁰ pm / max. 6 persons