



Everything takes place within us. Thoughts, feelings, joy and sorrow.

Life takes place within us. We alone determine what we experience.



Buddhistic wisdom

Please reserve your ritual appointment **at least 30 minutes before the ritual begins** at our reception or speak to our staff

Please be there 5 min before the ritual starts

You are welcome to book appointments in advance (min. 3 days) at **rituale@balitherme.de**

Enjoy!

www.balitherme.de



Bali Therme

Vacation at home. Bali so close.

Exclusive SAUNA RITUALS

DAILY
IN THE BALI THERME





Hot & Cold Ritual

Just the right for the summer!
The variad ritual is a health ceremony according to Kneipp, packed in a fragrance journey to selected regions of the world. With targeted heat & cold stimuli we strengthen the cardiovascular and immun system and accelerate your metabolism. The delicious berry spritzer at the end provides a refreshment and enhances the healing effect of the ritual

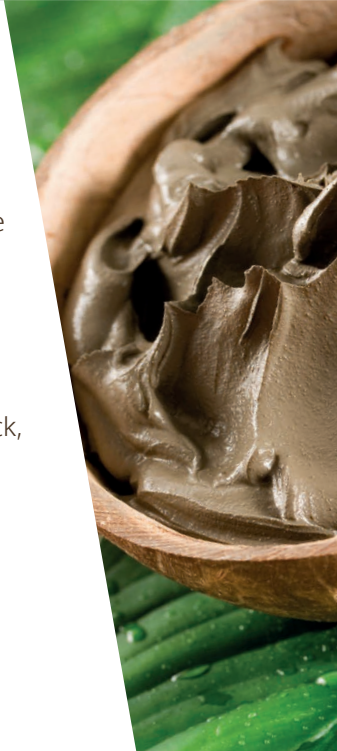


Large Vapour Sauna
Approx. 35 min / 4.90 €
Daily 2 am / 7.30 pm

Rasul Healing Earth Ritual

Experience an ancient care ritual of the pharaohs. Valuable minerals and trace elements in combination of pleasant warmth, high quality healing earth and cream have a noticeably relaxing deep effect. In addition we pamper you with a massage on your back, on your arms and hands. With refreshing spritzers, fruits and a dessert we round off the ritual.

Laconium
Approx. 40 min / 8.90 €
Max. 6 persons
Daily 12 am



Ritual of Roses

Fall in love with the ritual of the rose!

We serve you spritzer, a dessert and fruits. First you peel your skin with rose salt, we help on the back. Then a rose petal cream donates moisturizes and makes your skin velvety soft. We pamper you with a kneading treatment on your back, arms, hands and head.

Laconium
Approx. 45 min / 12.90 €
Max. 6 persons
Daily 3 pm

Banya Ritual

The Banya ritual is a source of energy for body, mind and soul. Through tapping & rolling with birch twigs stimulates your blood circulation and tensions are released. The essential oils of the birch leaves penetrate deep your skin, detoxify the body and have healing effect. In addition we serve water, a warm and delicious drink, well tasting nuts and a nourishing birch cream.

Block Sauna
Approx. 60 min / 18.90 €
Max. 6 persons
Daily 5.30 pm

